

Momentia Mondays!



Every Monday, 10:30 – 11:30 a.m.

Enjoy a free weekly opportunity to connect with others experiencing memory loss, share and learn about community resources, and have fun! Includes creative opportunities such as drumming and Taproot Theatre's Re-Ignite the Mind with Improv.

Location: Southeast Seattle Senior Center, 4655 S Holly St

Call SESSC to register: (206) 722-0317

Questions? Contact Jaime Clark at
jaimec@soundgenerations.org

